



MON-FRI 10 AM – 7 PM  
SAT 10 AM – 6 PM

# THE RUNNERS MARKET RUNDOWN

Schedule of Upcoming Events – Edition 95 – October 31, 2009

Dec 6	Reindeer Run 5k	Alcoa, TN	2:00 pm
Dec 12	Jingle Bell Run for Arthritis 5k	Knoxville, TN	10:00 am
Dec 12	Over the River 8 Miler	Paris, TN	11:00 am
Dec 12	Pioneer Five-Miler	Limestone, TN	11:00 am
Dec 18	Christmas for Kids 5k	Livingston, TN	6:00 pm
Dec 19	Lookout Mountain 100k/ 10k	Chattanooga, TN	7:15 am
Jan 1	New Years Day 5k	Knoxville, TN	9:30 am
Jan 2	Marathon Training Run	Knoxville, TN	TBA
Jan 2	Hill and Dale 8 Miler	Memphis, TN	11:00 am
Jan 9	Chickasaw Chase 10 Miler	Jackson, TN	11:00 am
Jan 16	Race Against Racism 5k	Knoxville, TN	2:00 pm
Jan 16	Norris Dam Challenge	Norris, TN	11:00 am
Jan 17	Dirty Dozen 8k Challenge	Knoxville, TN	1:30 pm
Jan 23	Calhoun's 10 Mile Race	Lenoir City, TN	8:00 am
Jan 23	Race on the Trace 5 Miler	Jackson, TN	11:00 am
Jan 30	War Party 10k	Kingsport, TN	11:00 am
Feb 6	Trail of Tears 7 Miler	Cleveland, TN	11:00 am
Feb 13	Strawberry Plains Half Marathon/ 10k	Strawberry Plains, TN	9:00 am
Feb 13	Cupid's Chase 5k	Cookeville, TN	10:00 am
Feb 13	Cedars Frostbite Half Marathon	Hermitage, TN	11:00 am
Feb 20	Johnsonville Charge 5 Miler	Waverly, TN	11:00 am
Feb 20	Black Warrior 50k, 25k, 5 Miler and 50k Relay	Moulton, AL	8:00 am
Feb 28	Whitestone 30k	White Pine, TN	8:30 am
Mar 6	Fall Creek Thaw 15k	Pikeville, TN	11:00 am
Mar 13	Thin Mint Sprint 5k	Knoxville, TN	TBA
Mar 19	First Friday Night 5k	Knoxville, TN	TBA
Mar 27	Covenant Kid's Run 1.2 miles	Knoxville, TN	12:00 pm
Mar 28	Covenant Health Knoxville Marathon	Knoxville, TN	7:30 am
Apr 3	Run for Reading 5k	Knoxville, TN	TBA
Apr 10	Run for the Schools 5k	Knoxville, TN	8:30 am
Apr 10	Run for Clean Air 5k	Knoxville, TN	9:00 am
Apr 17	Break Through Ribbon Run 5k	Knoxville, TN	8:00 am
Apr 17	Alzheimer's Run 5k	Loudon, TN	TBA
Apr 24	Dogwood Classic 5k	Knoxville, TN	8:00 am

FOR MORE DETAILED RACE INFORMATION

KNOXVILLE TRACK CLUB HOTLINE (865) 687-8493 · KNOXVILLE TRACK CLUB WEBSITE [www.ktc.org](http://www.ktc.org)

KNOXVILLE GREENWAYS WEBSITE <http://www.ci.knoxville.tn.us/greenways>

RUNNING JOURNAL <http://www.runningnetwork.com/RunningJournal>

**RACE ENTRY FORMS AVAILABLE AT RUNNERS MARKET & ONLINE**